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From Advice to Action: How Finfluencers are Reshaping Investment Behavior

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INTRODUCTION

The digital revolution has fundamentally altered the way individuals access and process financial information (Koskelainen et al., 2023). Social media platforms, once primarily used for social interactions, have become powerful tools for financial education and investment advice (Olajide et al., 2024). A key player in this digital transformation is the rise of financial influencers, or "finfluencers." Leveraging social media platforms like Instagram, TikTok, and YouTube, finfluencers share financial advice, tips, and insights, effectively bypassing traditional financial institutions and advisory models (CIRO, 2023). This shift has democratized financial knowledge, breaking down barriers and making financial concepts accessible to a much wider audience, including individuals who may have never before considered investing or personal finance management. By offering easily digestible, relatable content, finfluencers have enabled people from various backgrounds to engage with complex financial topics that were traditionally reserved for experts or professionals.

However, with the rapid growth of the finfluencer space, there arises a pressing need to understand the true impact these influencers have on their followers' financial behaviors and decision-making processes. While finfluencers have undoubtedly broadened the reach of financial literacy, they also present challenges regarding the quality and reliability of the advice they offer, particularly as many lack formal financial qualifications (Espeute & Preece, 2024). This study delves into the role of finfluencers in shaping both personal finance and investment choices, with a particular emphasis on the gendered communication strategies they utilize. Research indicates that financial advice is often influenced by gendered stereotypes, which may affect how advice is framed, presented, and ultimately received by audiences. Men in the finfluencer space typically focus on data-driven, quantitative aspects of investing, often emphasizing logical, analytical decision-making processes. On the other hand, women tend to incorporate more narrative-driven, relational approaches, using personal stories, emotions, and experiences to convey financial concepts. These differences not only reflect societal norms and expectations about gender but may also influence how financial advice is perceived, trusted, and acted upon by followers (Ben-Shmuel et al., 2024).

This study critically examines how finfluencers impact their followers' financial subjectivities shaping not only how individuals think about finance but also how they feel and act regarding their financial decisions. Although some argue that finfluencers contribute to enhanced financial literacy and greater inclusion in financial conversations, others raise concerns about the risks of misinformation, oversimplification, and the potential reinforcement of harmful stereotypes. In particular, there are growing fears that financial advice offered by finfluencers may not always be well-researched or unbiased, leading to decisions based on incomplete or misleading information (CySEC, 2024). Thus, this research aims to investigate both the positive and negative ramifications of finfluencers on financial behaviors. By analyzing the content and strategies used by finfluencers, the study seeks to offer deeper insights into how they are reshaping the financial landscape and the broader implications for the dissemination of financial knowledge in the digital age.

RESEARCH METHODS

The research design employed in this study is a literature review. This approach involves systematically searching, reviewing, and analyzing various sources, such as journals, books, and other published works, relevant to the research topic to develop an article focused on a specific issue (Snyder, 2019). The articles included in this study were identified using keywords like "financial influencer" and "influencer." To ensure relevance and quality, the selected papers meet the following criteria: they are original research articles published within the last five years (2020–2024), available in both Indonesian and English, involve social media users as study subjects, and are fully accessible in text format. The references used in this study are open-access research articles retrieved from platforms such as Sage and Google Scholar.

RESULT AND DISCUSSION

Result

After conducting a search for scientific articles on Sage and Google Scholar, four articles that met the predetermined criteria were identified. The selected articles are as follows:

Authors	Year	Aims	Methods	Result
Ambreen Tour	2024	Investigating how	This study uses a mixed-	The study reveals gendered
Ben-Shmuel1,		gender influences	methods approach to	patterns in financial advice,
Adam Hayes1		the production	examine gender dynamics	with men focusing on
and Vanessa		and consumption	in financial influencer	quantitative aspects and
Drach		of financial	(finfluencer) content and	women using narratives.
		advice by	audience responses. A	Audiences subconsciously
		"finfluencers" on	qualitative review of 621	prefer advice from same-

 Table 1. Review of 4 Articles

	1			
		social media	posts identifies gender-	gender influencers, even
		platforms is the	specific messaging	when content is
		study's goal.	patterns. The quantitative	anonymized, despite stating
			phase includes a survey on	a preference for gender-
			audience preferences for	neutral guidance. While
			gendered or neutral advice,	finfluencers promote
			evaluations of anonymized	inclusivity and challenge
			finfluencer posts based on	norms, they also subtly
			relatability and	reinforce gendered
			practicality, and explicit	perspectives. These findings
			categorization of posts as masculine, feminine, or	highlight biases in the digital financial advice
			neutral. By combining	market and offer insights for
			implicit reactions with	fostering more equitable
			explicit perceptions, the	financial education.
			study provides a nuanced	initialieral education.
			understanding of how	
			gendered financial advice	
			is received and valued.	
Adam S.	2024	The article uses a	The article uses a dual-	The analysis found that
Hayes &		qualitative	method approach,	finfluencers shape financial
Ambreen T.		exploratory	combining participant	subjectivities through digital
Ben-Shmuel		approach to	observation and	storytelling, simplifying
		analyze how	computational text	concepts with relatable
		finfluencers shape	analysis. The authors	narratives; strategic use of
		financial	followed finfluencers on	language, slang, and
		subjectivities	TikTok and Instagram for	symbols to make finance
		through	up to two hours daily from	accessible; participatory
		storytelling,	March 2020 to December	engagement that fosters
		language,	2022, selecting 20	community; and diverse
		engagement, and	finfluencers of each gender	voices that challenge
		representation. It	with at least 10,000	traditional expertise. These
		examines their	followers. They also	channels help reshape how
		role in	applied Latent Dirichlet	individuals engage with
		normalizing	Allocation (LDA) to	finance, contributing to the
		finance as a	analyze over 1,300	financialization of everyday
		mainstream	Instagram posts,	life.
		concern and reflects on their	identifying key themes. This approach provided a	
		impact on	comprehensive analysis of	
		financial	finfluencer content and its	
		education,	patterns.	
		literacy, and	patterns.	
		equity in the		
		digital era.		
Henning	2024	The article aims	The article uses a mixed-	The study identified 40
Zülcha, Marius		to establish a	method approach,	quality indicators (KPIs) for
Möldersb,		quality score for	including qualitative	assessing finfluencers, with
Jannik		financial	analysis through 12 semi-	28 operationalized into the
Fennenc,		influencers	structured expert	FinQ-Score. It established a
Julian		(finfluencers) to	interviews to refine a	multi-dimensional
Mathesc, and		address concerns	framework for assessing	framework consisting of

Christian		about their	finfluencer quality, and a	Compliance, Content &
Pieter		credibility,	multiple-case study to	Communication, Credibility,
Hoffmann		provide an	validate this framework by	Profile Structure, and
Hommann		alternative to	applying it to five	Engagement. The analysis
				showed that most
		costly over-	German-speaking	
		regulation, and enhance trust and	finfluencers on Instagram, selected based on relevant	finfluencers in the sample
				had a FinQ-Score above 0.8,
		transparency in the market,	financial hashtags.	indicating high quality,
		,		though one finfluencer was excluded for non-
		helping		
		businesses identify high		compliance. The findings
		identify high-		suggest that the FinQ-Score
		quality		can professionalize the
		finfluencers for		finfluencer market, improve
		partnerships.		consumer protection, and
				support beneficial
Sue S. Guan	2023	The article aims	The article employs a	partnerships. The article identifies the
Sue S. Guan	2025		combination of a literature	significant role finfluencers
		to explore the	review on finfluencers and	play in shaping retail
		impact of financial	their role in market	investor behavior and stock
		influencers		
			dynamics, case studies	price movements, often
		(finfluencers) on stock market	including examples like	influenced by motivations
			the GameStop trading	beyond traditional financial
		information and	phenomenon and instances	analysis. It recognizes that while finfluencers can
		price discovery,	of fraud, and theoretical	
		analyzing how	analysis to discuss the	enhance financial literacy
		they mediate information to	implications of	and participation, they also introduce risks of
			finfluencer-driven trading	
		retail investors	on market behavior,	misinformation and
		and influence	information dissemination,	manipulation. The study
		trading behavior	and stock market	emphasizes the need for
		and market	participation.	regulatory frameworks to
		dynamics. It also		address challenges like fraud
		investigates the		and market inefficiency.
		motivations of		Ultimately, the article
		finfluencers and		concludes that the rise of
		how they shape		finfluencers requires a
		the information		reevaluation of traditional
		reflected in stock		theories of information
		price movements.		exchange and price
				discovery in modern stock
				markets.

Discussion

The literature review conducted by the researchers highlights the significant role of finfluencers in transforming how individuals approach and make decisions regarding personal finance and investments. The findings indicate that finfluencers do more than just provide advice—they influence investment behaviors by altering financial subjectivities, which refers to how people think, feel, and act regarding their financial choices. This influence is particularly evident in the gendered communication strategies employed by finfluencers, with men typically focusing on quantitative, data-driven aspects of investing, while women often integrate more personalized and narrative-focused methods. These gender-based patterns show that,

although finfluencers help expand financial literacy, they may also reinforce stereotypes that influence the kinds of financial advice audiences are more inclined to trust or follow (Ben-Shmuel et al., 2024).

The study further highlights how finfluencers use digital storytelling to simplify complex investment concepts, making them more approachable and relatable for audiences, particularly retail investors (Hayes & Ben-Shmuel, 2024). This democratization of financial knowledge is not only fostering greater participation in financial markets but also influencing investment behaviors, as finfluencers help followers feel more empowered to take action on investment opportunities. Their use of vernacular language, internet slang, and symbols helps bridge the gap between financial jargon and the general public, enabling a more accessible and inclusive financial discourse. However, the findings also suggest that, despite their efforts to promote inclusivity, finfluencers may still inadvertently perpetuate biases that influence the types of investments their audiences pursue or the risks they are willing to take.

The analysis also touches on how finfluencers are fostering a sense of community through participatory engagement. By encouraging followers to share their own investment experiences and strategies, finfluencers create spaces where individuals feel supported in their investment journeys (Guan, 2023). This sense of belonging and shared learning helps reduce the perceived barriers to investing, making it more likely that followers will move from simply receiving advice to taking tangible action in their investment decisions. However, this participatory approach also carries risks, as it can lead to the spread of unverified or biased investment strategies, further underscoring the need for transparency and regulatory oversight.

The study's identification of the FinQ-Score and its operationalization of quality indicators provide an essential tool for navigating the increasingly crowded world of finfluencers (Zülch et al., 2024). This scoring system could help both investors and businesses identify credible, high-quality finfluencers who provide sound investment advice, while also serving as a safeguard against misinformation and manipulation (Rangapur et al., 2023). Nevertheless, the findings stress the need for further regulation to ensure that finfluencers remain accountable for the content they share, particularly given the significant influence they hold over retail investor behavior and market movements.

Ultimately, the study suggests that finfluencers are not only reshaping investment behavior but also transforming the very landscape of personal finance. The growing influence of finfluencers on retail investors signals a shift in how investment decisions are made, moving away from traditional financial institutions and expert advisors toward a more decentralized, peer-driven model of information exchange. This shift challenges existing theories of financial decision-making, particularly in the context of price discovery and market behavior, as digital platforms and influencers become key players in shaping investor actions. Therefore, the rise of finfluencers requires a reevaluation of the mechanisms through which financial advice is disseminated and acted upon, as well as a closer look at the broader implications of this shift for market dynamics and the future of financial education.

CONCLUSIONS

In conclusion, this study shows that finfluencers are reshaping how individuals engage with personal finance and investments by influencing their financial behaviors and mindsets. Using gendered communication strategies, they impact how financial advice is received, with men focusing on quantitative aspects and women using more narrative approaches. While finfluencers promote financial literacy and participation, the study highlights the need to address biases and stereotypes in their content. It also calls for greater transparency and regulation to ensure their influence leads to positive and equitable financial outcomes, challenging traditional financial advisory models in the digital age.

However, this study has some limitations, such as its focus on a specific set of finfluencers and the potential bias in content analysis due to the subjective nature of interpreting gendered communication. Future research could explore a broader range of finfluencers across different platforms and cultures to gain a more comprehensive understanding of their impact on financial behaviors. Additionally, further studies could investigate the long-term effects of finfluencers on investment decisions and financial literacy, as well as the role of regulation in mitigating potential harms associated with their growing influence.

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